

ST. MARK LUTHERAN CHURCH

201 E. JUNIATA STREET, ALLENTOWN, PA 18103

Phone: 610-797-6440 Fax: 610-351-6114

Email: office@saintmarkallentown.org www.saintmarkallentown.org

Hospital Code - #300 Office Hours: Monday - Thursday 9:00 a.m. - 12 noon

God's People: Believing, Caring, Loving, and Serving

SEPTEMBER 2024 NEWSLETTER



INDISPENSABLE

The dictionary; crucial, vital, essential, necessary, requisite, obligatory, key, required, imperative, important.

I think my microwave is **important**. I think my refrigerator is **essential**. I think my indoor plumbing is **crucial** to my comfort. I think my ac/heater is a **requisite** to my health. I think my stove/oven is **obligatory** in my kitchen. I think the locks on my outside doors are **necessary**. I think my smoke alarms are **required** where I live. I think good neighbors are **vital** to all of our well-being. Missing are KEY and IMPERATIVE. I left them for you to insert into your own lives.

So, why did I choose **INDISPENSABLE** for this months' newsletter? Notice all the items I highlighted are adjectives. This is _____. This (noun), is (verb) _____ (adjective). People are NOT indispensable. OOPS-- (double negative) – people ARE dispensable. We re not trying to get rid of anyone. In fact - - you are indispensable if you do not have someone who can take your place in case of emergency. Try this on: I am _____. Fill in the blank from the dictionary list.

What does all this mean? We all need a back-up for anything and everything we do. Can anyone else do the grocery shopping? Can anyone but you make the appt for the car and take it to be inspected? Are you the only one who can change/make the beds? What about cooking and cleaning? How about mowing the lawn or weeding the garden?

“Oh,” you say, “I taught the members of my family to help as they got older.” My answer? “GREAT!”

We are supposed to do that.” Now what about here at church? Do we teach others how to do what we do so there will be someone or ones to step up
IN CASE OF AN EMERGENCY?

What constitutes an emergency? A broken leg that might keep you away for four or six weeks. I sick parent halfway across the country and you must fly out tomorrow for an extended length of time. An unexpected hospital stay followed by a stint in a re-hap to get the best care available to bring you back as well as possible. Who can be your driver, caregiver, chief cook and bottlewasher and the second pair of ears to hear what the medical team is advising if they are also supposed to be your back-up?

As a congregation, we are all families in their boat pulling in the same direction. We each have to trust that there is someone who can step into your shoes and keep your boat afloat when you are not available. That is accomplished by our leaders asking others to learn what they know and how they do it. Yes, some people have more involved positions than others, but all leaders are critical, vital, essential, etc. and need back-up.

As a strong congregation, with ministries that are important to our community, we must be prepared to step up and assume the responsibilities when it is needed. My smoke alarms will not save me if they are not properly maintained with attention to batteries and chirping noises. St Mark, consider this your chirping noise.

Pastor Ginny

“I can do all things through Christ, who strengthens me.”

Philippians 4: 13 (N)



A Message from your Council President!!

Green is the color of the leaf buds, sprouting out on branches. Like those plants and buds, we are looking to grow spiritually! We return to the Church Nave for worship. Come join us and continue your spiritual growth.

I hope everyone has had a wonderful relaxing summer.

Hoping to join you soon,
Thomas F. Rieger
Council President

September kicks off the unofficial beginning to fall. Back-to-school shopping is a thing of the past and the kids are returning to classrooms. Have you noticed the days are getting shorter? Leaves will soon be changing colors. It's time to shake off the summer vacation sluggishness and refocus our Spiritual growth.



HIGHLIGHTS.....

A spiritual season is a specific time period in your life that has an overall feeling or purpose in the larger scheme of your ongoing spiritual life. They can be compared to the different types of seasons we might experience in life such as raising children, or a time of struggles with health issues or a time of educational preparation for your chosen career.

- Sunday, September 22nd we return to the sanctuary for worship.
- Picnic is under way for September 15th at Emmaus Park, Pavilion #2
- Worship will begin at 10:00am Picnic will follow immediately after service. This is a rain or shine event. Pavilion is covered.
- One open seat still remains on the St Mark Cemetery Board. If you are willing to join Please speak to Tom Rieger.
- A new first Aid kit has been purchased and placed in the kitchen.
- Plungers have been placed in all bathrooms at St. Mark if needed.
- Next Council meeting will be on Wednesday, September 18th, 2024 at 6:00pm.

Using the analogy of seasons to talk about our spiritual lives it helps us realize that the phase we're in is part of a larger pattern that won't last forever but will eventually give way to something new and different. It also helps us to see that like seasons, our spiritual lives have rhythm, purpose and direction and can cycle back again and again with a chance for new growth and new harvests.

Spiritual Growth is like planting, watering, weeding, pruning or harvesting. There's something about those green plants and colorful flowers that calls us to endure heat and bugs. It's amazing that we do so for such a short, growing season. All that work, and it's just going to be gone come winter. In a couple of months, all the plants and flowers, all the colors and textures, will be gone. Why work so hard for something that is here today and gone tomorrow?

Because it gives us life! There's a reason green is the color of the Church during the summer. Green is the color of life and growth. Green is the color we wait for throughout the winter. Green is the color of the plants pushing up out of the earth, reaching for the sun.



*Altar
Flowers* and Bulletins

Sponsors are needed for the following Sundays, September 8th and 29th. And October 20th. If interested, please call the church office or see Terri. Thank You!



FOOD PANTRY

The Open Door Food Pantry

Summer is almost over, and everyone is headed back to school. We had another busy month in the month of July. We served 89 families which consisted of 199 adults, 141 children and 57 elderly. All households are required to make a new application each July so that added a lot for the volunteers. Thank You!!

We now have the opportunity to do applications and registration online. We will be looking into this shortly after getting a few things in place (first we need to buy a laptop or 2). Once the initial information is entered this will help speed up the intake process.

Our suggested items for September are evaporated milk and spaghetti sauce. These are 2 items that we have not been able to get recently through Second Harvest.

As ALWAYS, ALL donations are appreciated.

Enjoy the rest of your summer!

Sandy



Sunday School will begin on Sunday, September 22nd at 9:00am All are welcome from ages 3 to teen. Your teachers can't wait to see you all again and catch up with you on what you did all summer!!

****Christian Ed** will meet Sunday, September 8th after the service.



Sharing Life



Happenings From the Month of **AUGUST...**

August 7th:

Charlie and Brenda Orben, led your create your own water bottles with crafters with lots of wonderful uplifting sayings stickers , paint or decoupage. Some also decorated with their favorite colors or designs. The emphasis being staying hydrated in the summer.

Needlework:

Knitting and crocheting continue with projects being finished or new ones have started.

August 21st

Our annual pizza/bingo party was held. We had over 120 participants who enjoyed 20 pizza's from Pat's Bistro in Bethlehem. They then played bingo. We had groups from Slatington and the Clubhouse in Allentown attend. We had to set up extra tables to handle everyone and are happy we got extra pizza's this year! The clothes closet was open to attendees. We have someone sitting and overseeing in there while participants shop.

Looking Ahead:

We will celebrate our Anniversary in September with a special Italian Meal and Live entertainment. In October this year we will have an outreach table at Harvest Full of Hope. Also, in October there will be another Sharing Hope Event at Neffs Union UCC, with more information and the date and time to come.

Thank You,
Sue and the Sharing Life Team



PLEASE SAVE THE DATE

**LVHN Annual Community Drive
Thru Flu Campaign**
Saturday November 2nd, 2024 at Dorney Park,
4000 Dorney Park Rd, Allentown
Sunday November 3rd, 2024 at LVHN-Hecktown
Oaks, 3780 Hecktown Rd, Easton



It's September -- It's Almost Here!!!!

Outdoor Worship and Picnic!!!

Sunday, September 15th, Worship 10:00am
Emmaus Community Park, 1389 -1401 Shimerville Rd, #2 - **East Pavilion** Access this pavilion from T. Miklencic Drive Entrance to Community Park. Second pavilion on left.

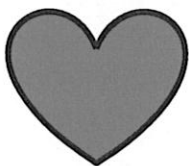
Hot dogs, turkey barbeque will be provided by the church. Pastor is supplying all the drinks.

Sign-Up Sheets for attendance and food you will be bringing are in the back of Luther Hall. If bringing a salad or side dish please bring along a utensil to serve. It will be returned to you. If you need a ride to the park, please call the church office.

Kid's Games/Crafts, Bingo and Cake Walk, fun for all. **Please bring a prize for bingo \$5 or under, and a cake or 2 for the cake walk!!!!** Bring your own lawn chair if you like and your own favorite drinks as well!!!

Bathrooms are close by and there is a playground for the kids!

PLEASE JOIN IN THE FUN
AND FELLOWSHIP!!!



*Become and Organ Donor.
Give your heart to the Lord!*

From the Northeastern PA Synod

"God's Work, Our Hands" Sunday is Sunday, September 8, 2024. This day is an opportunity to celebrate who we are as the Evangelical Lutheran Church in America – one church, freed in Christ to serve and love our neighbor. Service activities offer an opportunity for us to explore one of our most basic convictions as Lutherans: that all of life in Jesus Christ – every act of service, in every daily calling, in every corner of life – flows freely from a living, daring confidence in God's grace.

Kit Making Day at the Synod Office, 2354 Grove Road · Allentown · Pennsylvania · 18109
12:00pm-3:00pm All ages are invited to come!
Registration required: Hshilanskas@gmail.com



September BIRTHDAYS!!!
We want to wish you a Very, Blessed Happy Birthday!!

Sandy Dillaway – September 2
Edie Lindenmuth – September 3
Joyce Wolfe – September 5
Adolph Arnold – September 7
Dennis M. Miller – September 7
Gail Smith – September 7
Cathy Keck – September 8
Sallie Koerbler – September 13
Terry Lee Heckman – September 21

Share your birthday with us, please call the church office. We would love to see you on our birthday list.

Did you ever wonder what happens to all the personal hygiene supplies you donate? They were given to the following groups. Lehigh Valley Basket Weavers and The Central Pennsylvania Basket Guild. They then create individual baskets filled each with the items and that were taken to Turning point.



School Supply Bingo was a HUGE HIT!!! We had 29 in attendance. A light lunch was served right after worship followed by BINGO!! Thank You to everyone who made this event possible!!



The 80's Luncheon was held Friday, August 23rd and it was all about Memories.

We took silly pictures which was so much fun and played who's baby face is this game and Sally created a fun remember this dance, artist or song music bingo. We had a remembrance for all our friends we lost this year as well. Carol made beautiful flower arrangements displayed throughout the tables and hall.

A delicious turkey, roasted potatoes and green beans lunch was served along with some other goodies.

As always it's so nice to see everyone all together we don't usually see.



*Dear God,
As we send our children back to school, we pray for Your protection and guidance. Keep them safe from harm, both physically and emotionally. Help them to find friends who will support and encourage them. Give them wisdom as they face challenging situations. And help them to always remember that You are with them, no matter what.*



Masks are optional while inside the building.
Masks are available at the entrance.
We are streaming "LIVE"
via Facebook on Sundays.

Altar Guild, Lectors, Ushers, Acolytes and videographers are asked to perform their duties each Sunday. Please find a replacement and notify the church office if you cannot join us on your scheduled Sunday.

September 1st, 2024 – 15th Sunday after Pentecost

Deuteronomy 4:1-2, 6-9
Psalm 15
James 1:17-27
Mark 7:1-8, 14-15, 21-23

September 8th, 2024 – 16th Sunday after Pentecost

Isaiah 35:4-7a
Psalm 146
James 2:1-10 [11-13] 14-17
Mark 7:24-37

September 15th, 2024 – 17th Sunday after Pentecost (Church Picnic) Noah and Rainbows

September 22nd, 2024 – 18th Sunday after Pentecost

Jeremiah 11:18-20
Psalm 54
James 3:13—4:3, 7-8a
Mark 9:30-37

September 29th, 2024 – Michael and All Angels

Daniel 10:10-14; 12:1-3
Psalm 103:1-5, 20-22
Revelations 12:7-12
Luke 10:17-20



We are streaming "LIVE" during the service via Facebook each Sunday.

You can access the service on Facebook, user or not, at the following web address:
www.facebook.com/stmarkallentown
Please be patient while the page loads.

We return to the Sanctuary Sunday, September 22nd

We will again have Communion at the front rails. There will be 2 options for communion.

1. Ushers will invite you to the rails for communion if you wish to commune there.
2. If you can't come to the rails or wish to remain in your seat. You will continue to take a communion packet while entering the sanctuary and Pastor will commune with you in the pew, once everyone at the rails has communed. You may stand or remain seated.

No need to worry, Ushers will assist with the process while we are adjusting back into it.



The last hurrah of the Summer!!
Monday, September 2nd
Church office CLOSED.



CHOIR rehearsal begins
Wednesday, September 4th
@ 6:00pm
Please join us at rehearsal if you wish to sing with us.

All are welcome!!!

Friday, September 20th is the deadline for the church office to receive all Newsletter Information for October.



St. Mark Lutheran Church
 201 E Juniata St
 Allentown PA 18103
 610-797-6440 fax 610-351-6114

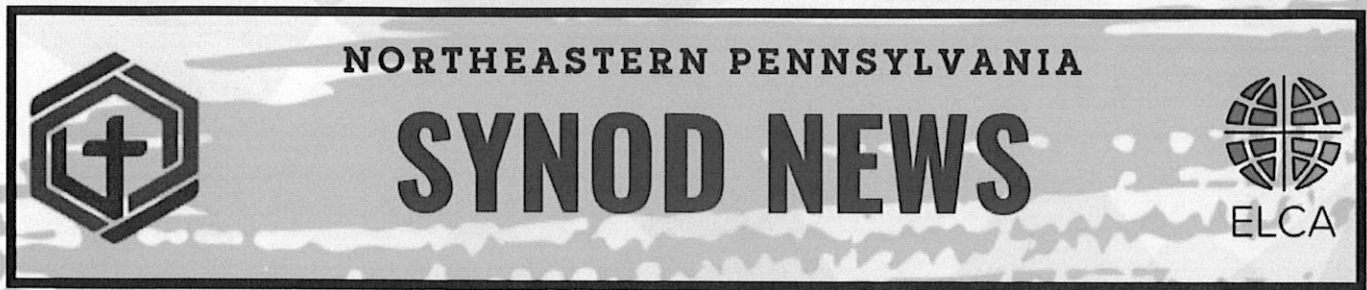
www.saintmarkallentown.org
 Watch us on Facebook user or not, at:
www.facebook.com/stmarkallentown
 Hospital Code: 300

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Worship 10:00am Pressure Cuff Ministry	2	3 Sharing Life Craft/Knit Day 1:00pm - 3:00pm Choir 6:00pm	4	5	6	7
8 Worship 10:00am	9 Worship/Music Meeting 6:00pm	10 Open Door 10:00am - 12:00pm	11 Widows Club Luncheon 1:00pm - Perkins Choir 6:00pm	12	13	14
15 CHURCH PICNIC EMMAUS PARK 10:00am Worship Followed by picnic and fun	16	17 Open Door Food Delivery 10:30am	18 Sharing Life Luncheon 12:00pm - 3:00pm Council Meeting 6:00pm Choir 6:00pm	19	20	21
22 Sunday School 9:00am Worship 10:00am Back to Sanctuary to Worship	23	24	25 Choir 6:00pm	26 Open Door 4:00pm - 6:00pm	27	28
29 Sunday School 9:00am Worship 10:00am	30	October 1	2 Choir 6:00pm	3	4	5
6						

Serving Our Church September 2024

September 1 st – 15 th Sunday after Pentecost 10:00am Worship/Pressure Cuff Ministry			
Lector/Communion	Ushers: Tom Rieger Roxann Rieger	Council on Duty: DJ Landis	
Assistant: Brenda Mann-Orben	Brenda Covely Kathy Walker	Videographer: Kathy Walker	
Altar Guild: Linda Kline and Linda Raad	Zachary Walker	Acolyte: DJ Landis	
September 8 th – 16 th Sunday after Pentecost 10:00am Worship			
Lector/Communion	Ushers: Tom Rieger Roxann Rieger	Council on Duty: Josephine Wieder	
Assistant: Brenda Mann-Orben	Brenda Covely Kathy Walker	Videographer: Terri Harkins	
Altar Guild: Linda Kline and Linda Raad	Zachary Walker	Acolyte: Raïden Thakrar	
September 15 th – 17 th Sunday after Pentecost CHURCH PICNIC 10:00am Worship			
September 22 nd – 18 th Sunday after Pentecost 9:00am Sunday School/10:00am Worship			
Lector/Communion	Ushers: LuAnn Bresnak Carol Hartigan	Council on Duty: Tom Rieger	
Assistant: Tammy Walbert	Linda Kline Sue Krasley	Videographer: Dan Christman	
Altar Guild: Roxann Rieger and Edie Lindenmuth	Josephine Wieder	Acolyte: Patrick Merkle	

September 29 th – Michael and All Angels 9:00am Sunday School/10:00am Worship			
Lector/Communion	Ushers: Doris Brezan Tammy Walbert	Council on Duty: Sandy Biery	
Assistant: Laurie Rompilla	Linda Gier	Videographer: Terri Harkins	
Altar Guild: Sue Krasley, Tiffany Miller and Josephine Wieder	Terri Harkins Linda Miller	Acolyte: DJ Landis	
October 6 th – 20 th Sunday after Pentecost 9:00am Sunday School/10:00am Worship			
Lector/Communion	Ushers: Doris Brezan Tammy Walbert	Council on Duty: Carol Hartigan	
Assistant: Linda Kline	Linda Gier	Videographer: Tom Rieger	
Altar Guild: Sue Krasley, Tiffany Miller and Josephine Wieder	Terri Harkins Linda Miller	Acolyte: Raïden Thakrar	



A Tapestry of Love: Unveiling the Impact of Our Quilting Ministries



The results are in for our Quilt Survey - and it is AMAZING the wonderful gifts of comfort and love that our congregations across the Synod share with others. Each year more than 1000 quilts, lap blankets, baby quilts and other blankets are made and donated to a host of charities from the 17 congregations who shared their stories. And the wonderful stories we have to tell! The **oldest** quilting ministry was shared by **Trinity Ev. Lutheran in Lehighton** - Trinity Knotters. They started in 1965 from an article about using coats and suits to make quilts. Initially, they started sewing at home and then moved into Luther Hall where they still meet today. They have a brick on the Good Samaritan Plaza at the Baltimore LWR Headquarters. Their quilts are shared with Lutheran World Relief (LWR) and locally for graduating students, Carbon County Action Committee, Sanctuary for Veterans and

others. In addition to quilts, they make baby, personal care and school kits for LWR. Our Quilting groups have posted some very impressive numbers! The most annual quilt volume was posted by **Christ Lutheran in Hellertown** providing 180 quilts and lap quilts to a variety of organizations including Project Linus, Hospice, Habitat for Humanity, their internal faith community and fundraising. **St. James Lutheran in Coopersburg** - started in 2013 - reported 155 annual quilts donated to Turning Point, Bethany Ministries and to LWR prior to the pandemic. They have also made baby and personal care kits for LWR. **St. John's Lutheran in Slatington** reported 135 quilts and lap robes donated to LWR and to Chemo Bag, Gracedale, Topton Lutheran Home, Ripple, Sayre Center for Children, Kids Peace, Light House and Rescue Mission. **St. John's Lutheran in Hamburg** reported 100 quilts donated to LWR and the Topton Home.



Our Quilters are very talented, making a host of additional items to benefit our community. **Trinity Ev. Lutheran in Tipton** – Compassionate

Crafters - makes a wide variety of crafts including fidget blankets and sleeves, crafters critters, prayer lap blankets and shawls in addition to quilts! Their handmade items are donated to LWR, Lutheran Home, Lehigh Valley and St. Luke's Hospitals and Arden Court. Newly started in 2022, the Compassionate Crafters donated 114 items that year and 218 items in 2023!

Our quilts are shared near and far – across the USA and around the world.



St. Peter's Ev. Lutheran in Reinerton – Tyers of Comfort - have made over 2000 quilts since their start in 1999. Among the groups to whom they

donate quilts is the Navajo Lutheran Mission in AZ and LWR. The group is led by Kathryn Lewis, founder and chairperson, who is 90 years old and going strong! Tyers of Comfort also have a sidewalk brick at the LWR Warehouse in Maryland. These are just a few of the stories

from our Quilting family across the Synod and there are more stories to tell from the rest of the groups – we will include them next time.

Submitted by: Eileen Lane, Quilting Ministry Volunteer at St. John Lutheran Church, Allentown



Sept 21
 9:00am to 12:00pm
 2354 Grove Road Allentown, PA



On **September 21st**, to facilitate donation of quilts and kits to Lutheran World Relief, we are hosting our **first LWR Ingathering at the Synod Office**. If Allentown is a convenient drive from your location, we will be collecting boxed quilt and kit donations from 9AM till Noon. A truck will be parked at the Synod office for you to drop off your donations. We will also have refreshments so you can meet other quilters and kit makers while you are there. Let's see if the NEPA Synod can fill the truck!

VOLUME 29
ISSUE 8
September
2024



The Rev. Nelson Quiñones, Dean 610-653-5858
The Rev. Jean L. Huber, Assoc. of the Bishop 610-704-5133
Elizabeth Leibenguth, Mission District Chair 484-550-0057
Linda Gery, Newsletter Editor 610-395-5535



*October 2024 LMD NL news
will be due September 16, 2024.*

Please email any information to
lmd.newslettereditor@gmail.com

← Photo from Synod Assembly by Corrina Verdick

CRAFT FAIR

November 16, 2024
9:30 AM – 3:00 PM
St. Timothy Lutheran Church
(Ott St., Allentown)

CRAFTERS NEEDED:
Reserve your table now!
Contact Ivy Reynolds at
610-393-1353, no later
than September 1st.

- 8-foot table costs \$25
- Set-up on November 15th,
6:30-8:00 PM
- Checks can be made
payable to "St. Timothy's"



Trinity invites you:

Trinity Memorial Luth. Church
(535 W. Emaus Ave, Allentown)

CLOTHING CLOSET

Free Clothing. Donations
Accepted. 1st & 3rd Saturday.
Hours: 11:00 AM - 1:00 PM

PANERA BREAD GIVE AWAY

Pick up on Mondays at 10:00 AM

BASKET SOCIAL

Sat., Oct. 19, 10:00 AM-4:00 PM
Sun., Oct. 20, 12:00 PM-3:00 PM

TRUNK OR TREAT

Friday, October 25th, 6-8:00 PM

LITTLE SHOPPERS SHOP

Saturday, November 23rd
10:00 AM -12:30 PM

Questions? Call the church office
at 610-797-4774 or email
tmlcadmn@gmail.com

Thank you for your
support of these events!!!

2024 Synod Assembly Highlight: A Behind the Scenes Look

Dear Lehigh Mission District,

In my years as dean, I have reported highlights from the synod assembly, bishop's conference, churchwide assembly, and the LMD spring assembly's business that have taken place on the floor.

This year's synod assembly highlight comes from behind-the-scenes as racist comments that were made to two children because of their accent.

The 37th Northeastern Pennsylvania Synod Assembly of the Evangelical Lutheran Church in America was held at Atonement Lutheran Church, Wyomissing, Pennsylvania.

At past assembly gatherings, I would work the floor to establish networks with colleagues and meet new peers. However, I've experience at these gatherings from some rostered leaders, voting lay delegates, and SALMs (Synod Authorized Lay Ministers) racist sentiments expressed towards me.

So this year, I decided to forgo the networking and remain seated in the church pew. I wanted to avoid another freedom thumping Christian Nationalist spewing abomination.

I sat in the pew where I felt safe next to my church lay voting delegate Richard Ludwig-Dicus and colleague Pastor Richard Baumann.

That is until I was approached by a parent with a concern. A minister had made the comment that he could tell that the child wasn't a good Dutchie because of their accent.

The comment was addressed to the child and their sibling. The minister added that their father couldn't possibly be from the same place based on their accent.

How could I remain seated on the pew? Hurtful words were directed to holy innocents. Words that questioned their identities. Words that questioned their innocent godness. Words that questioned their relationship with their father.

As dean I reported the incident to the appropriate resources for a resolution. An immediate response was received. It is my hope that this time this matter would be taken seriously.

Where do we go from here as a church body? Do we sit on our pews and let this go?

The Rev. Nelson Quiñones, Lehigh Mission District Dean

BASKET SOCIAL

September 14, 2024

9:00 AM – 2:00 PM

St. Paul's Lutheran Church
(8227 Hamilton Blvd,
Breinigsville)

There will be over 100 baskets, five specials, various gift cards, a \$1,000 gift card grand prize, and a variety of kids' baskets. (If you bring your kids and purchase any tickets, kids aged 10 and under will receive free tickets for these baskets.) There will also be a 50/50 drawing. And bring a non-perishable food item for a chance to win a large Paper Products Basket. Refreshments and bake sale items available. You may also bring a chair and enjoy the Municipal Band of Allentown concert at 1:00 PM.

You do not have to be present to win. To purchase tickets in advance contact Anita at 484-221-0445 or email her at anita.eisenhard@yahoo.com. For more info and ticket pricing, visit our Basket Social Web page at: <http://www.stpaulsville.org/basketsocial>



FALL BASKET SOCIAL

October 4, 2024 (Preview Night)

6:00 PM – 8:00 PM and

October 5, 2024

10:00 AM – 2:00 PM

St. John's Lutheran Church
(1028 Church Street,
Fogelsville)

Tickets may be purchased and placed both days, take-out food items & baked goods will be available only on the 5th.

100+ baskets, 50+ gift cards! Ticket pricing (1 sheet = 25 tickets): 1 sheet/\$10, 2 sheets/\$20, 3 sheets/\$25. Winners will be drawn at the end and contacted by phone.

Everyone is welcome!!!



OPERATION SUNSHINE

1933 Hanover Ave, Allentown, PA 18109

Phone: 610-435-9155

Open: Mon 11-3 and Wed. 11-3

Email: LMDopsunshine@aol.com

Website: www.LMDopsunshine.com

Paula & Dick Skelly, Co-Trip Coordinators

Operation Sunshine is a non-profit fellowship opportunity within our Mission District, run solely by volunteers.

UPCOMING SHOWS INCLUDE:

October 18, 2024 (Friday)

Dutch Apple - HAIRSPRAY

December 12, 2024 (Thursday)

Hunterdon Hills - A PLAYHOUSE CHRISTMAS

See the attached newsletter for details.

MARK YOUR CALENDARS: ADVENT/CHRISTMAS INGATHERING

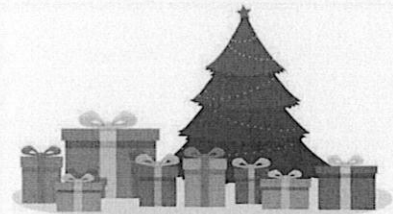
Wednesday, December 4, 2024

St. John's Lutheran Church
(501 Chestnut Street, Emmaus, PA)

A **planning meeting** will be held
Wednesday, Sept. 11, 2024 at 7:00 PM

St. John's Lutheran Church
(501 Chestnut Street, Emmaus, PA)

Thank you for your support with this ministry!



CROP REMINDERS:

****RSVP by Wed., Aug. 21,** to Linda Held

(jucc3441@ptd.net or 484-553-8922)**

for the **CROP Pizza Party/Kick-off:**

Sunday, Aug. 25, 2024, 1:30-2:30 p.m.

(to receive materials, ideas, and inspiration for yourself and your congregation/group)

at St. Timothy Lutheran Church

140 S. Ott St., Allentown, PA 18104

Greater Allentown CROP Hunger Walk:

Sunday, October 13, 2024, 1:30 p.m.,

with registration beginning at 1:00 p.m.

at St. Timothy Lutheran Church

140 S. Ott St., Allentown, PA 18104

****DISTRIBUTE attached Walker/Donor and Sponsorship BROCHURES****

Walkers who raise \$150 or more by 10/13/24 earn a FREE T-SHIRT. T-shirts will also be available for purchase at the CROP Hunger Walk.

Two routes from which walkers may choose:
a 10K route and a "Golden Mile" route.

Like us on Facebook:

www.facebook.com/AllentownCROPWalk/

****If you are a TEAM LEADER:** Please REGISTER your CROP Hunger Walk TEAM**

at www.crophungerwalk.org/allentownpa

****If you are a WALKER:** Please REGISTER**

at www.crophungerwalk.org/allentownpa

The CROP Hunger Walk is a great intergenerational fellowship and service event for families, youth groups, adult groups, businesses, organizations, and congregations.

The Greater Allentown CROP Hunger Walk helps food-insecure neighbors locally through the Conference Kitchen and the Allentown Area Ecumenical Food Bank.

Our CROP Walk funds also support Church World Service's life-saving disaster assistance, displacement assistance, and long-term development assistance with our neighbors in need throughout the United States and around the globe.





Women's Retreat

BEAR CREEK CAMP

Dates: **October 4 – 6, 2024**

Cost: **Retreat Center Cabins: \$205 / person**

Program Site Cabins: \$190 / person

Saturday Only: \$80 / person

This retreat is designed to provide women with an opportunity to enjoy time both individually and collectively, participate in creative activities, explore outdoors, have time for rest and renewal, and be in the beauty of God's creation in a peaceful setting.

During this programmed retreat, Bear Creek Camp offers you:

- A perfect site to find inspiration
- The opportunity to be in community with other women
- Creative outlets with crafts, painting, and projects
- Evening large group activities and entertainment
- Spiritual endeavors such as meditation, Bible Study, and worships
- Exercise options such as yoga and games
- Guided hikes and outdoor interaction
- Exciting experience on the high ropes course
- Accessibility to the lake for boating
- Accommodating lodging and delicious meals

Accommodations:

Participants of the Women's Retreat will reside in the Retreat Center and our Program Site Cabins. Each room will spaciouly sleep up to 5 or 6, all on bottom bunks (or more if you'd like to stay with a larger group of friends). Cabin accommodations will be available on a first-come, first-served basis. The Retreat Center has a bathroom facility located inside each cabin while the Program Site will have a nearby bathroom facility in the Program Building.

Weekend pricing is per person for a 2-night stay, 6 meals (Friday dinner through Sunday lunch), and programming. Saturday only is per person for no lodging, Saturday lunch and dinner, and programming.

For questions about the event or registration or
to register by phone please call 570.472.3741.

Registration is Open NOW: [Login | Bear Creek Camp \(campbrainregistration.com\)](https://www.bearcreekcamp.com/campbrainregistration.com)



We are an annual, FREE mental health awareness conference where both providers and consumers of mental health services come together to discuss new topics in the field of Mental Health.

Tuesday, October 15th 8:00am – 3:30pm

The annual event is held at ArtsQuest Center at Steelstacks, 101 Founders Way, Bethlehem, PA 18015. This year's conference will be held on Tuesday, October 15th, 2024.

Harvest Full of Hope strives to increase mental health awareness and decrease the stigma of mental illness.

The day begins with a keynote speaker who presents their personal perspective dealing with mental wellness. The rest of the day contains breakout workshops where mental health groups from the surrounding area discuss new, breaking topics in the field of mental health.

Register online at: <https://harvestfullofhope1.wufoo.com/forms/harvest-full-of-hope-2024-registration>

NEW: This year, through NASW-PA, we are offering 3 Continuing Education (CE) hours for attendance/completed evaluations of the marked workshops below! Special thanks to MARS, Horizon House, and New Vitae for hosting these workshops.

"NASW-PA Chapter is a co-sponsor of this workshop. 3 (includes 1 suicide prevention) CE's will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors."

Lunch:

Please note that this time slot is now 2 hours so attendees can visit vendor tables after eating/the Lunch and Learn!

Penne Marinara, Penne with Meat Sauce, Cavatappi with Grilled Veggies, Bethlehem Greens Salad with Ranch or Balsamic Dressing, Garlic and Oil, Cookies

This one day, annual event seeks to promote mental wellness and provide education on emerging topics in the field of mental health. We are always looking for new, exciting ideas to workshop!